



Overview of PSHE 2022-23

| Week Beginning | Year 7 | Year 8 | Year 9 | Year 10 |
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| 12/09/22 | Introduction | Living in the Wider World: Careers Skills: Entrepreneurs | Health and Wellbeing: Responsibility for own Physical Health | Living in the Wider World: Criminal Justice System |
| 19/09/22 | Living in the Wider World: Budgeting | Careers Skills: Teamwork | Alzheimer's | Anti-social Behaviour |
| 26/09/22 | Making Ethical Financial Decisions | Careers: Communication Skills | Alcohol Awareness | County Lines |
| 03/10/22 | Savings and Loans | STEM Careers | Drugs and the Law | Money Laundering |
| 10/10/22 | Financial Transactions | Self Confidence and Goals | Vaccinations, organ and blood donation stem cells and hygiene | Overt and Covert Racism |
| 17/10/22 | Tax and National Insurance | Managing my behaviour to achieve | Acid attacks | Fake News and Critical Thinking |
| Half Term Holiday | | | | |
| 31/10/22 | Financial Exploitation | Young people's employment rights and responsibilities | Self-harm | The Right Career for Me |
| 07/11/22 | 2 20 min sessions - Aspirations and Exploring your own interests', traits and skills | Emotional Literacy: Self Awareness | Body Image | CV |



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| 14/11/22 | 2 20 min sessions - Times of Change and Achievements | Mindfulness | STIs | Careers in STEM |
| 21/11/22 | 2 20 min sessions – A Helping Hand and What Are Successful Careers? | Who are the radical groups | Endometriosis | Preparing for Work Experience |
| 28/11/22 | 2 20 min sessions – Lifelong Skills and This is Me | Prejudice and discrimination: Religion | Assessment of Health and Wellbeing and Feedback Survey | Rights and Responsibilities |
| 05/12/22 | 2 20 min sessions –The World in 2030 and Creative Skills | Assessment of Living in the Wider World and Feedback Survey | Relationships: Guest Speaker | International Women’s Day |
| 12/12/22 | 2 20 min sessions – Personal Development and Target Setting and Routes into Work | Health and Wellbeing: Vaping, Nicotine and Addiction | Readiness for sexual intimacy | Managing Time Effectively |
| Christmas Holidays | | | | |
| 09/01/23 | Assessment of Living in the Wider World and Feedback Survey | Cancer Awareness | Teenage Pregnancy | Presence Online and Careers |
| 16/01/23 | Health and Wellbeing: The importance of self-esteem | Unhealthy coping strategies – Eating Disorders | The dangers of pornography | Homelessness |
| 23/01/23 | Wants and Needs | Unhealthy Coping Strategies – Self-Harm | Miscarriage | Budgeting |
| 30/01/23 | How can we keep good mental health and recognise symptoms of depression? | Gambling | Child Sexual Exploitation | Assessment of Living in the Wider World and Feedback Survey |



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| 06/02/23 | Emotional Literacy – How can I control my anger? | Mindset | Abusive Relationships | Health and Wellbeing: Managing tough times: change, grief and bereavement |
| 13/02/23 | Puberty – what can I expect, what’s normal and why does it happen? | Responsibility for own Physical Health | The LGBTQAI+ Community | Suicide |
| Half Term Holiday | | | | |
| 27/02/23 | Periods, the menstrual cycle and PMS – what do I need to know? | Dealing With Emotions | Human Rights Trafficking | Managing Social Anxiety |
| 06/03/23 | FGM | Stress | Assessment of Relationships and Feedback Survey | Social Media and Self-esteem |
| 13/03/23 | Personal Hygiene | Assessment of Health and Wellbeing and Feedback Survey | Living in the Wider World: Who are UNICEF and how do they help around the world? | Screen Time |
| 20/03/23 | Assessment of Health and Wellbeing and Feedback Survey | Sustainability | How and why does the UK help people in other countries? | Tattoos and Piercings |
| 27/03/23 | Relationships Maintaining genuine friendships and avoiding toxic ones | Relationships: Consent | What is sustainability and how can we personally live in a more sustainable way? | Binge Drinking |
| Easter Holidays | | | | |
| 17/04/23 | Different Types of Family | Contraception | How does the law deal with young offenders? | FGM |
| 24/04/23 | Romance, love, new feelings and teen relationships | Sexting and image share danger | Taking control of my future | Assessment of Health and Wellbeing and Feedback Survey |
| 01/05/23 | Bank Holiday | | | |



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| 08/05/23 | Dangers of Sexting | Guest Speaker | Employability – Applying and preparing for the world of work | Relationships: Hate Crime |
| 15/05/23 | Sexual Harassment | Domestic Conflict | Interpersonal skills | Conflict Management |
| 22/05/23 | Loss | Stereotypes and Prejudice: Disability | Work skills, enterprise and the work environment | Forced and Arranged Marriages |
| Half Term Holiday | | | | |
| 05/06/23 | Bullying or banter – what is and what isn't acceptable? | Homophobia – LGBT discrimination around the world | Guidance for choosing your options | Harassment and Stalking |
| 12/06/23 | How can we prevent online bullying? | How can we avoid online groomers? | CV Planning | Same-sex Relationships |
| 19/06/23 | How can we keep safe and positive relationships? | Female Body Image | Labour Market Information | Gender and Trans Identity |
| 26/07/23 | Managing pressure to join a gang | Equality Act | Equality Act – link to workplace | Sexism |
| 03/07/23 | What is online radicalisation and why is it a problem? | Guest Speaker | Stereotypes and Discrimination in the Workplace | Equality Act |
| 10/07/23 | Guest Speaker | Catch up | Catch up | Sexual Harassment |
| 17/07/23 | Assessment of Relationships, Feedback Survey and Last Week Reflection | Assessment of Relationships and Feedback Survey | Assessment of Living in the Wider World Feedback Survey and Last week Reflection | Assessment of Relationships and Feedback Survey |